



Central Florida
Preparatory School

Caterings Best...

JANUARY 2017

Lunch Choices

NOTE

**SALAD ORDERS MUST BE
PLACED THE DAY BEFORE**

Daily Lunch (to the right)	\$5.00
Deli Sub	\$5.00
Salad - Chef	\$5.00
Salad – Chicken Caesar	\$5.00
Salad - Vegetarian	\$5.00
Water	\$1.25
100% Juice	\$1.25
2% Milk	\$1.25
Fresh Baked Brownies	\$1.25
Fresh Baked Cookies	\$1.25
Fresh Fruit of the Day	\$1.25

Such as Apples, Bananas, Grapes, and Strawberries

**All Combo Meals
Served with
Beverage and
Dessert, Fresh
Fruit, Cookie, etc.**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Teacher Work Day No School	3 Mini Penne Pasta Marinara Sauce Parmesan Cheese Garlic Bread Salad	4 Grilled Chicken Breast Sandwich with Lettuce Tomatoes Sun Chips	5 Nacho Bar Nacho Chips Seasoned Ground Meat Cheese Sauce Shredded Lettuce, Diced Tomatoes, Salsa Sour Cream	6 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	7
8	9 Sloppy Joe Mac & Cheese	10 Meat Lovers Pizza Casserole Ground Beef, Pepperoni, Mozzarella Cheese, Salad Garlic Bread	11 Chicken Nuggets Mashed Potatoes Mixed Veggies	12 BBQ Pulled Pork Sandwich Creamy Veggie Pasta Salad	13 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	14
15	16 MLK Day No School	17 Bow Tie Pasta Marinara Sauce Parmesan Cheese Salad Garlic Bread	18 Chicken and Vegetable Teriyaki Served over White Rice	19 Smoked Turkey Breast & Cheese Panini Lays Chips	20 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	21
22	23 Breaded Chicken Breast Sandwich Lettuce, Pickle Chip Sun Chips	24 Cheesy Baked Ziti With Meatballs Salad Garlic Bread	25 Chicken Tenders Mac & Cheese Buttered Corn	26 Mexican Lasagna Layered w/ Rice, Corn, Black Beans Cheese & Meat Nacho Chips Salsa on Side	27 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	28
29	30 Charbroiled ¼ lb. Beef Burger served on a Fresh Bun Lettuce, Tomato Pickle Chips Lays Chips	31 Rotini Pasta Meat Sauce Parmesan Cheese Salad Garlic Bread				