



Central Florida
Preparatory School

Caterinas Best...

NOVEMBER 2016

Lunch Choices

NOTE

SALAD ORDERS MUST BE PLACED THE DAY BEFORE

- Daily Lunch (to the right) \$5.00
 - Deli Sub \$5.00
 - Veggie Sub \$5.00
 - Salad - Chef \$5.00
 - Salad – Chicken Caesar \$5.00
 - Salad - Vegetarian \$5.00
 - Water \$1.25
 - 100% Juice \$1.25
 - 2% Milk \$1.25
 - Fresh Baked Brownies \$1.25
 - Fresh Baked Cookies \$1.25
 - Fresh Fruit of the Day \$1.25
- Such as Apples, Bananas, Grapes, and Strawberries

All Meals Served with Beverage and Dessert, Fresh Fruit, Cookie, etc.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Meat Lovers Pizza Casserole Ground Beef, Pepperoni, Cheese Tossed Garden Salad Garlic Bread	2 Chicken Nuggets Mashed Potatoes Mixed Veggies	3 Smoked Turkey Breast & Cheese Panini Veggie Pasta Salad	4 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	5
6	7 Meatball Sub Marinara Sauce Shredded Mozzarella Cheese Sun Chips	8 Bow Tie Pasta Marinara Sauce Parmesan Cheese Tossed Garden Salad, Garlic Bread	9 Chicken and Vegetable Teriyaki Served over White Rice	10 BBQ Pulled Pork Sandwich Baked Beans Corn	11 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	12
13	14 Turkey Hot Dogs Corn Sun Chips	15 Rotini Pasta Meat Sauce Parmesan Cheese Tossed Garden Garlic Bread	16 Breaded Chicken Breast Sandwich with Lettuce Dill Pickle Chips Mac and Cheese	17 Mexican Lasagna Layered w/ Rice, Corn, Black Beans, Cheese & Meat, Nacho Chips and Salsa on Side	18 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	19
21	22 School Holiday	23 School Holiday	24 School Holiday	25 School Holiday	26 School Holiday	27
28	29 Grilled Chicken Breast Sandwich Lettuce, Tomato Lays Chips	30 Mini Penne Pasta Meatballs Marinara Sauce Tossed Garden Salad Garlic Bread	31 Chicken Tenders Mac & Cheese Sweet Peas			