



Central Florida
Preparatory School

Caterinas Best...

OCTOBER

Lunch Choices

NOTE

SALAD ORDERS MUST BE PLACED THE DAY BEFORE

- Daily Lunch (to the right) \$5.00
 - Deli Sub \$5.00
 - Veggie Sub \$5.00
 - Salad - Chef \$5.00
 - Salad - Chicken Caesar \$5.00
 - Salad - Vegetarian \$5.00
 - Water \$1.25
 - 100% Juice \$1.25
 - 2% Milk \$1.25
 - Fresh Baked Brownies \$1.25
 - Fresh Baked Cookies \$1.25
 - Fresh Fruit of the Day \$1.25
- Such as Apples, Bananas, Grapes, and Strawberries

All Meals Served with Beverage and Dessert, Fresh Fruit, Cookie, etc.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Breaded Chicken Breast Sandwich Lettuce Dill Pickle Chips Sun Chips	4 Mini Penne Pasta with Meatballs Marinara Sauce Tossed Garden Salad Garlic Bread	5 Chicken Nuggets Mashed Potatoes Mixed Veggies	6 Mexican Lasagna Layered w/ Rice Corn, Black Bean Cheese & Meat Nacho Chips and Salsa on Side	7 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	8
9	10 Turkey Hot Dogs Baked Beans Tater Tots	11 Bow Tie Pasta Marinara Sauce Parmesan Cheese Tossed Garden Salad, Garlic Bread	12 Breaded Chicken Breast Sandwich with Lettuce Dill Pickle Chips Mac and Cheese	13 Smoked Turkey Breast & Cheese Panini Sun Chips	14 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	15
16	17 Teachers Work Day No School	18 Rotini Pasta Meat Sauce Parmesan Cheese Tossed Garden Garlic Bread	19 Teriyaki Chicken and Vegetables White Rice	20 Tamale Pie with Beef, Cheese, Corn and Topped with Corn Bread Nacho Chips w/ Salsa	21 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	22
23	24 Meatball Sub Marinara Sauce Mozzarella Cheese Veggie Pasta Salad	25 Marinara Sauce Penne Pasta Tossed Garden Tossed Salad Garlic Bread	26 Chicken Tenders Mac & Cheese Sweet Peas	27 BBQ Pulled Pork Sandwich Baked Beans Corn	28 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	29
30	31 Charbroiled ¼ lb. Beef Burger served on a Fresh Bun Lettuce, Tomato Pickles, Tater Tots	1 Meat Lovers Pizza Casserole Ground Beef Pepperoni. Mozzarella Cheese Salad Garlic Bread	2 Grilled Chicken Breast Sandwich Lettuce, Tomato Lays Chips	3 Nacho Bar Nacho Chips Seasoned Ground Meat Cheese, Shredded Lettuce, Diced Tomatoes, Salsa, Sour Cream, Corn	4 Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing	