



**Central Florida  
Preparatory School**

# Caterings Best...

**FEBRUARY 2017**

## Lunch Choices

**\*NOTE\***

**SALAD ORDERS MUST BE  
PLACED THE DAY BEFORE**

- Daily Lunch (to the right) \$5.00
  - Deli Sub \$5.00
  - Salad - Chef \$5.00
  - Salad - Chicken Caesar \$5.00
  - Salad - Vegetarian \$5.00
  - Water \$1.25
  - 100% Juice \$1.25
  - 2% Milk \$1.25
  - Fresh Baked Brownies \$1.25
  - Fresh Baked Cookies \$1.25
  - Fresh Fruit of the Day \$1.25
- Such as Apples, Bananas, Grapes, and Strawberries

**All Meals Served  
with Beverage and  
Dessert, Fresh  
Fruit, Cookie, etc.**

| SUNDAY | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY |
|--------|--|---|---|--|--|----------|
|        |  |   | 1   | 2  | 3  | 4        |
|        |  |   | Breaded Chicken<br>Breast Sandwich<br>Lettuce, Pickle Chip<br>Sun Chips | Nacho Bar<br>Nacho Chips<br>Seasoned Ground Meat<br>Cheese Sauce<br>Shredded Lettuce, Diced<br>Tomatoes, Salsa<br>Sour Cream | Brick Oven Pizza<br>Fresh Baby Carrots<br>Ranch Dressing<br>Dressing |          |
| 5      | 6  | 7   | 8   | 9  | 10   | 11       |
|        | Charbroiled ¼ lb.<br>Beef Burger served<br>on a Fresh Bun<br>Lettuce, Tomato<br>Pickle Chips | Rigatoni Pasta<br>Meat Sauce<br>Parmesan Cheese<br>Salad<br>Garlic Bread              | Chicken Nuggets<br>Mashed Potatoes<br>Green Beans                       | Smoked Turkey<br>Breast & Cheese<br>Panini<br>Lays Chips   | Brick Oven Pizza<br>Fresh Baby Carrots<br>Ranch Dressing<br>Dressing |          |
| 12     | 13   | 14  | 15  | 16   | 17   | 18       |
|        | Grilled Chicken<br>Breast Sandwich<br>Lettuce, Tomato<br>Zesty Veggie Pasta<br>Salad         | Mini Penne Pasta<br>Marinara Sauce<br>Parmesan Cheese<br>Garlic Bread<br>Tossed Salad | Sweet and Sour<br>Chicken &<br>Vegetables over<br>White Rice            | BBQ Pulled Pork<br>Sandwich<br>Baked Beans<br>Corn   | Brick Oven Pizza<br>Fresh Baby Carrots<br>Ranch Dressing<br>Dressing |          |
| 19     | 20   | 21  | 22  | 23   | 24   | 25       |
|        | Sloppy Joe<br>Creamy Pasta<br>Veggie Salad   | Cheesy Baked Ziti<br>With Meatballs<br>Salad<br>Garlic Bread                          | Chicken Tenders<br>Mac & Cheese<br>Buttered Corn                        | Tamale Pie with Beef,<br>Cheese, Corn and<br>Topped with Corn Bread<br>Nacho Chips w/ Salsa                                  | Brick Oven Pizza<br>Fresh Baby Carrots<br>Ranch Dressing<br>Dressing |          |
| 26     | 27   | 28  |   |  |  |          |
|        | Turkey Hotdogs<br>Mashed Potatoes<br>Corn  | Rigatoni Pasta<br>Marinara Sauce<br>Garlic Bread<br>Tossed Salad                      |   |  |  |          |
|        |  |   |   |  |  |          |
|        |  |   |   |  |  |          |