



Central Florida
Preparatory School

Caterings Best...

OCTOBER 2017

Lunch Choices

NOTE

**SALAD & SUB SANDWICH
ORDERS MUST BE PLACED
THE DAY BEFORE**

**All Combo Meals Served with
Beverage and Dessert**

Combo Meals

Daily Lunch (to the right)	\$5.00
Deli Sub	\$5.00
Veggie Sub	\$5.00
Salad - Chef	\$5.00
Salad - Chicken Caesar	\$5.00
Salad -Vegetarian	\$5.00

Sides

Water	\$1.25
100% Juice	\$1.25
2% Milk	\$1.25
Fresh Baked Brownies	\$1.25
Fresh Baked Cookies	\$1.25
Fresh Fruit of the Day	\$1.25
Such as Apples, Bananas, Grapes, and Strawberries	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Grilled Chicken Breast Sandwich Served on Fresh Bun w/ Lettuce, Tomato and Creamy Pasta Salad	3 Ziti Pasta w/ Meat Sauce Tossed Salad Garlic Bread Stick	4 Golden Chicken Tenders w/ Cheesy Potato Wedges Sweet Peas	5 Beef Nacho Casserole with Buttered Corn And Salsa	6 Brick Oven Pizza Fresh Baby Carrots w/Ranch Dressing	7
8	9 Charbroiled ¼ lb. Cheese Beef Burger on a Fresh Bun w/ Pickles & Tater Tots	10 Meatball Sub w/ Mozzarella Cheese French Fries Tossed Salad	11 Roasted Chicken Cheesy Mac & Cheese Sweet Peas	12 Mexican Lasagna Layered w/ Rice Corn, Black Beans Cheese& Meat w/ Nacho Chips and Salsa on Side	13 Brick Oven Pizza Tossed Salad w/ Ranch Dressing	14
15	16 Teachers Work Day No School	17 Rotini Pasta Marinara Sauce Parmesan Cheese w/ Tossed Salad Garlic Bread Stick	18 Golden Chicken Nuggets w/ Mashed Potatoes Sweet Buttered Corn	19 Smoked Turkey Breast & Cheese Panini w/ Pasta Salad Lays Chips	20 Brick Oven Pizza Fresh Baby Carrots w/ Ranch Dressing	21
22	23 Sloppy Joe Served on a Fresh Bun w/ Tater Tots Butter Mixed Vegetables	24 Bow Tie Pasta Meatballs w/ Tossed Salad Garlic Bread Stick	25 Savory Grilled Chicken with Veggies & Cream Sauce Served Over Egg Noodles w/ Roll	26 Beef Nacho Casserole with Buttered Corn And Salsa	27 Brick Oven Pizza Tossed Salad w/ Ranch Dressing	28
29	30 Turkey Hotdogs Served on a Fresh Bun Pasta Salad Lays Chips	31 Meaty Baked Ziti w/ Tossed Salad Garlic Bread Stick	Nov. 1 Roasted Chicken Cheesy Mac & Cheese Sweet Peas	Nov. 2 Mexican Lasagna Layered w/ Rice Corn, Black Beans Cheese& Meat w/ Nacho Chips and Salsa on Side	Nov. 3 Brick Oven Pizza Fresh Baby Carrots w/Ranch Dressing	Nov. 4